

Course Syllabus

What you will learn in this course



Child Development 1b: Working With Children

You have learned the basics of child development, and now it's time to dig deeper into the psyche and behaviors of children. In this course, you will learn about setting boundaries, creating rules, and enforcing consequences when working with children. You will explore helping kids and teens manage stress, provide support for children with disabilities and enrichment for gifted children, how to perform first aid, and more. You will also set goals for your future career working with children and adolescents. Let's continue beyond the basics and expand into the world of child development.

Unit 1: Working With Children

A child's primary "job" might be to play, but employment in a childcare profession is not all fun and games. It can require detailed planning, responsible decision-making, specific training or certification, and even personality traits like patience and enthusiasm. Caring for children involves anything from

teaching, coaching, and entertaining to providing medical care or counseling. For anyone interested in a career working with youth, from infants through adolescents, this unit provides an overview of what to expect and how to prepare.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Analyze the role of childcare in modern society
2. Discuss careers in child and adolescent education
3. Describe non-education careers related to children's well-being
4. Explain various training, certifications, or other requirements necessary to work with children

Unit 1 Assignments	
Assignment	Type
Lesson 01: Childcare in Society	Lesson
Lesson 02: Careers in Education	Lesson
Lesson 03: Careers Outside of Education	Lesson
Lesson 04: Pathways to Your Career	Lesson
Critical Thinking Questions	Submission
Activity 1: What Do I Want to Learn?	Submission
Cumulative Project 1: Which Career Am I Interested In?	Submission
Unit 1 Discussion 1	Discussion
Unit 1 Discussion 2	Discussion
Unit 1 Quiz	Multiple Choice

Unit 2: Influencing Behavior

Why do you think toddlers throw tantrums or teenagers talk back when they don't get their way? These and many other negative behaviors might frustrate parents and caregivers, as it is their responsibility to promote positive, socially adaptive behavior patterns. But people who study and work with children believe there are developmental reasons for children's reactions and responses. In the field of child care, these theories can help us better understand children so we can steer their attitudes and actions in positive directions. As you teach and model good behavior, you will not only benefit individual children but also the societies in which we all live.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Analyze possible reasons for children's negative behaviors
2. Discuss behavior boundaries and the consequences of exceeding them
3. Describe various positive approaches to teaching appropriate behavior
4. Explain the negative impact of certain behavior guidance approaches

Unit 2 Assignments	
Assignment	Type
Lesson 01: Why Did You Do That?	Lesson
Lesson 02: Rules and Consequences	Lesson
Lesson 03: Providing Positive Guidance	Lesson
Lesson 04: Providing Positive Guidance	Lesson
Critical Thinking Questions	Submission
Activity 1: How Can I Implement Rules and Expectations with Children?	Submission
Activity 2: How Has Discipline Changed?	Submission
Unit 2 Discussion 1	Discussion
Unit 2 Discussion 2	Discussion
Unit 2 Quiz	Multiple Choice

Unit 3: Keeping Children Healthy and Safe

Until children have the knowledge, skills, and resources to care of themselves, it is a caregiver's job to protect them from harm. That protection includes preventing and treating health problems whenever and however possible. It also means taking safety precautions to avoid injuries from accidents at home, at school, or during daily activities like playing outside or riding in a vehicle. Some jobs in childcare even require specific training in emergency care. This unit outlines some important ways parents and childcare providers can keep children healthy and safe.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Describe common childhood diseases, illnesses, and treatments
2. Explain emergency and first-aid care for children
3. Outline preventative measures for childhood illness and injury

4. Investigate available community health services for children

Unit 3 Assignments	
Assignment	Type
Lesson 01: Treating Illness and Disease	Lesson
Lesson 02: In Case of Emergency	Lesson
Lesson 03: Prevention is the Best Medicine	Lesson
Lesson 04: Children's Health Services	Lesson
Critical Thinking Questions	Submission
Activity 1: How is First Aid Performed?	Submission
Activity 2: What Resources are Available to Children in My Community?	Submission
Unit 3 Discussion 1	Discussion
Unit 3 Discussion 2	Discussion
Unit 3 Quiz	Multiple Choice

Unit 4: Helping Children Deal with Stress

It might seem as if children encounter less stress than adults do. After all, kids typically are not working, raising a family, fixing a leaky faucet, or paying the grocery bill. But even children who live and play in loving homes with three meals every day can experience high levels of stress. Less apparent causes of stress might be based on their interpretations of what they see or hear or on what they don't know or understand. More visible stressors center around traumatic events like abuse, neglect, divorce, severe illness, or the death of a close family member. Working with children requires caregivers to be aware of the causes and effects of stress and to be knowledgeable in ways to combat the physical, mental, and emotional risks that daily stressors pose for children of all ages and across all environments.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Describe the physiological, cognitive, and social-emotional effects of stress
2. List and explain the stages of grief processing for children
3. Analyze the effects of child abuse and its relationship to stress
4. Discuss various common childhood stressors
5. Demonstrate knowledge of stress prevention and reduction strategies

Unit 4 Assignments	
Assignment	Type
Lesson 01: What is Stress?	Lesson
Lesson 02: The Stress of Grief and Loss	Lesson
Lesson 03: The Stress of Child Abuse	Lesson
Lesson 04: Other Stressors	Lesson
Lesson 05: Breaking the Stress Cycle	Lesson
Critical Thinking Questions	Submission
Activity 1: What Have I Learned So Far?	Submission
Activity 2: How Are Children Protected?	Submission
Unit 4 Discussion 1	Discussion
Unit 4 Discussion 2	Discussion
Unit 4 Quiz	Multiple Choice

Midterm Exam

1. Review information acquired and mastered from this course up to this point.
2. Take a course exam based on material from the **first half** of the course (**Note:** You will be able to open this exam only one time.)

Midterm Exam Assignments	
Assignment	Type
Midterm Exam	Multiple Choice
Midterm Discussion	Discussion

Unit 5: Supporting Children With Functional Needs

Anyone who works with children probably understands that each child is unique and requires some level of individual attention and care. Many children, however, have different needs, which means parents, educators, and healthcare providers must offer care and services that are out of the norm. These children might have physical or cognitive delays that lead to challenges with socializing, learning, or daily functioning, and such delays can range from mild to severe. To help children who have functional needs adapt to and succeed in their environments with their unique conditions and skills, caregivers must work together and should take advantage of all available resources.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Describe children’s needs related to intellectual delays
2. Discuss children’s needs related to physical delays
3. Explain common adaptations for children’s unique needs
4. Identify resources available to people who work with children who have functional needs

Unit 5 Assignments	
Assignment	Type
Lesson 01: Cognitive Delays	Lesson
Lesson 02: Physical Delays	Lesson
Lesson 03: Adapting for Unique Needs	Lesson
Lesson 04: Resources for Caregivers	Lesson
Critical Thinking Questions	Submission
Cumulative Project 2: What Resources Are Available for People Who Work With Children With Functional Needs?	Submission
Activity: How Can a Lesson Plan be Modified?	Submission
Unit 5 Discussion 1	Discussion
Unit 5 Discussion 2	Discussion
Unit 5 Quiz	Multiple Choice

Unit 6: Working with Gifted Children

People who work with children must remember that exceptional needs can take many different forms and that children who have exceptional needs are not only those with delays, deficits, or disabilities. Children who have exceptional cognitive skills or extreme talents also need extra attention and extended opportunities to learn, grow, and develop to their fullest potential. Parents and educators should monitor uniquely intelligent or gifted children so they can provide learning experiences to challenge—without overwhelming—this often highly-sensitive group.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Define “gifted” in today’s educational environment
2. Discuss common early indicators and testing for gifted children

3. Explain typical social-emotional behaviors of gifted children
4. Analyze strategies and methods for effective talent development

Unit 6 Assignments	
Assignment	Type
Lesson 01: Packaging the Gift	Lesson
Lesson 02: Gifted or "Smart"?	Lesson
Lesson 03: Unwrapping the Gift(ed)	Lesson
Lesson 04: Promoting Gifted Education	Lesson
Critical Thinking Questions	Submission
Activity 1: What Community Resources are Available?	Submission
Activity 2: How Can an Activity be Enriched?	Submission
Unit 6 Discussion 1	Discussion
Unit 6 Discussion 2	Discussion
Unit 6 Quiz	Multiple Choice

Unit 7: Curriculum, Classrooms, and Kids

Helping children grow toward adulthood is a big responsibility, and guiding their learning process is one of the most important components of that development. Teachers and other educators must be knowledgeable and equipped with the right materials so they can determine and deliver appropriate content using the best instructional methods for students. Factors like classroom design, lesson planning, and specific teaching strategies are critical elements to consider while they guide this learning process.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Determine the needs of students in a classroom
2. Specify overall learning objectives and specific goals for students
3. Create lesson plans for inclusive education
4. Discuss goal setting and recordkeeping tasks in education
5. Design an early learning classroom

Unit 7 Assignments	
Assignment	Type
Lesson 01: Determining Educational Needs	Lesson
Lesson 02: Philosophy and Curriculum	Lesson
Lesson 03: Planning Lessons	Lesson
Lesson 04: Taking Care of Business	Lesson
Lesson 05: Have Some Class	Lesson
Critical Thinking Questions	Submission
Activity 1: How is a Lesson Plan Written?	Submission
Activity 2: What Could a Potential Classroom Look Like?	Submission
Cumulative Project 3: What Does my Path Offer?	Submission
Unit 7 Discussion 1	Discussion
Unit 7 Discussion 2	Discussion
Unit 7 Quiz	Multiple Choice

Unit 8: Your Role in Child Development

At this point you have learned many of the basics about caring for, educating, and guiding the development of children and adolescents. Can you see yourself playing a role in this field? There are various careers to explore and ways to research further details and duties of each job. Now it is time to use your new knowledge and resources to discover what might be the next step for you.

What will you learn in this unit?

After studying this unit, you will be able to:

1. Explore personal interests and aptitudes related to childcare careers
2. Describe steps and goals toward specific job paths
3. Identify necessary and beneficial skills in the child development field
4. Discuss ways to network and interact with others in the childcare community

Unit 8 Assignments	
Assignment	Type
Lesson 01: Narrowing Your Search	Lesson
Lesson 02: Stepping Stones to Careers	Lesson
Lesson 03: Skills for Success	Lesson
Lesson 04: Casting a Wide Net	Lesson
Critical Thinking Questions	Submission
Activity 1: What Is My Personal Leadership Plan?	Submission
Cumulative Project 4: How Can I Promote my Path?	Submission
Activity 2: What Did I Get from This Course?	Submission
Unit 8 Discussion 1	Discussion
Unit 8 Discussion 2	Discussion
Unit 8 Quiz	Multiple Choice

Final Exam

1. Review information acquired and mastered from this course up to this point.
2. Take a course exam based on material from the **second half** of the course (**Note:** You will be able to open this exam only one time.)

Final Exam Assignments	
Assignment	Type
Final Exam	Multiple Choice
Final Discussion	Discussion