

## Family Living

### Detailed Schedule

This schedule is a recommended pacing chart for the course. It shows the sections, tasks, assignments, and points possible. Each section is designed to be completed in about one week's time for a 16 week course. However, if you have less time to complete the course, you may need to move through the sections more quickly. Your teacher may also have a set schedule he/she would prefer you to use. Check with your instructor if you have any questions.

**Upload Assignment** = indicates that you must type your assignment in a document or other format, as specified and submit it or upload in the course.

**Electronic Assignment** = indicates that you can type your response directly into the space provided in the course.

Section	Type of Assignment	Assignment	Points Possible	Due Date
<b>Course Introduction</b>				
Intro	Multimedia Lesson	<i>Course Introduction</i>	n/a	
Intro	Multimedia Lesson	<i>Course Tasks</i>	n/a	
Intro	Discussion	Introduce Yourself	5	
Intro	Quiz	Course Policies Quiz	10	
Intro	Upload Assignment	Course Contract	10	
<b>Unit 1: FAMILY HEALTH &amp; RELATIONSHIPS</b>				
<b>Section 1.1 Family Health</b>				
1.1	Multimedia Lesson	<i>Family Dynamics</i>	n/a	
1.1	Multimedia Lesson	<i>Family</i>	n/a	
1.1	Multimedia Lesson	<i>Healthy &amp; Unhealthy Relationships</i>	n/a	
1.1	Multimedia Lesson	<i>Getting Along</i>	n/a	
1.1	Vocabulary Check	Vocabulary Review	n/a	
1.1	Fieldtrip/Online Links	View Additional Links	n/a	
1.1	Electronic Assignment	Reflection Questions	10	
1.1	Discussion	Building Healthy Relationships	5	
1.1	Upload Assignment	Health or Unhealthy	25	
1.1	Quiz	Section 1.1 Quiz	20	
<b>Section 1.2 Personal Identity</b>				
1.2	Multimedia Lesson	<i>Discovering Self</i>	n/a	
1.2	Multimedia Lesson	<i>Personality &amp; Needs</i>	n/a	
1.2	Multimedia Lesson	<i>Personality Profiles</i>	n/a	
1.2	Vocabulary Check	Vocabulary Review	n/a	
1.2	Fieldtrip/Online Links	View Additional Links	n/a	
1.2	Electronic Assignment	Reflection Questions	10	
1.2	Discussion	Opposites Attract	5	
1.2	Upload Assignment	Love Languages	25	
1.2	Quiz	Section 1.2 Quiz	20	
Unit 1	Unit Exam	Unit 1 Exam	50	

## Family Living

Unit 2: DATING & PARENTHOOD				
Section 2.1 Dating & Marriage				
2.1	Multimedia Lesson	<i>Dating &amp; Intimacy</i>	n/a	
2.1	Multimedia Lesson	<i>Abstinence</i>	n/a	
2.1	Multimedia Lesson	<i>Marriage &amp; Parenthood</i>	n/a	
2.1	Multimedia Lesson	<i>Marriage Customs</i>	n/a	
2.1	Vocabulary Check	Vocabulary Review	n/a	
2.1	Fieldtrip/Online Links	View Additional Links	n/a	
2.1	Electronic Assignment	Reflection Questions	10	
2.1	Discussion	Delaying Marriage	5	
2.1	Upload Assignment	Wedding Traditions	25	
2.1	Quiz	Section 2.1 Quiz	20	
Section 2.2 Pregnancy				
2.2	Multimedia Lesson	<i>The Miracle of Life</i>	n/a	
2.2	Multimedia Lesson	<i>Stages of Pregnancy</i>	n/a	
2.2	Multimedia Lesson	<i>Pregnancy Support</i>	n/a	
2.2	Vocabulary Check	Vocabulary Review	n/a	
2.2	Fieldtrip/Online Links	View Additional Links	n/a	
2.2	Electronic Assignment	Reflection Questions	10	
2.2	Discussion	Challenges of Pregnancy	5	
2.2	Upload Assignment	Pregnancy	25	
2.2	Quiz	Section 2.2 Quiz	20	
Section 2.3 Parenthood				
2.3	Multimedia Lesson	<i>Parenthood</i>	n/a	
2.3	Multimedia Lesson	<i>Making a Safe Environment</i>	n/a	
2.3	Multimedia Lesson	<i>Childcare</i>	n/a	
2.3	Vocabulary Check	Vocabulary Review	n/a	
2.3	Fieldtrip/Online Links	View Additional Links	n/a	
2.3	Electronic Assignment	Reflection Questions	10	
2.3	Discussion	Parenting Skills	5	
2.3	Upload Assignment	Parenting Brochure	25	
2.3	Quiz	Section 2.3 Quiz	20	
Unit 2	Unit Exam	Unit 2 Exam	50	
Unit 3: HUMAN GROWTH & DEVELOPMENT				
Section 3.1 Infancy & Childhood				
3.1	Multimedia Lesson	<i>Life Cycle</i>	n/a	
3.1	Multimedia Lesson	<i>Human Growth: Infancy</i>	n/a	
3.1	Multimedia Lesson	<i>Human Growth: Toddlers</i>	n/a	
3.1	Multimedia Lesson	<i>Human Growth: Childhood</i>	n/a	
3.1	Vocabulary Check	Vocabulary Review	n/a	
3.1	Fieldtrip/Online Links	View Additional Links	n/a	
3.1	Electronic Assignment	Reflection Questions	10	
3.1	Discussion	Stages of Life	5	
3.1	Upload Assignment	Stages of the Life Cycle	25	
3.1	Quiz	Section 3.1 Quiz	20	
Section 3.2 Adolescence & Adulthood				

## Family Living

3.2	Multimedia Lesson	<i>Human Growth: Adolescence</i>	n/a	
3.2	Multimedia Lesson	<i>Human Growth: Adulthood</i>	n/a	
3.2	Multimedia Lesson	<i>Human Growth: Late Adulthood</i>	n/a	
3.2	Vocabulary Check	Vocabulary Review	n/a	
3.2	Fieldtrip/Online Links	View Additional Links	n/a	
3.2	Electronic Assignment	Reflection Questions	10	
3.2	Discussion	Late Adulthood	5	
3.2	Upload Assignment	Adolescence	25	
3.2	Quiz	Section 3.2 Quiz	20	
Unit 3	Unit Exam	Unit 3 Exam	50	
<b>Unit 4: SKILLS FOR FAMILY LIVING</b>				
<b>Section 4.1 Household Responsibilities</b>				
4.1	Multimedia Lesson	<i>Household Responsibilities</i>	n/a	
4.1	Multimedia Lesson	<i>Creating a Budget</i>	n/a	
4.1	Multimedia Lesson	<i>Tips for Grocery Shopping</i>	n/a	
4.1	Multimedia Lesson	<i>Career Planning</i>	n/a	
4.1	Vocabulary Check	Vocabulary Review	n/a	
4.1	Fieldtrip/Online Links	View Additional Links	n/a	
4.1	Electronic Assignment	Reflection Questions	10	
4.1	Discussion	Household Chores	5	
4.1	Upload Assignment	Chore Chart	25	
4.1	Quiz	Section 4.1 Quiz	20	
<b>Section 4.2 Communication</b>				
4.2	Multimedia Lesson	<i>Communication</i>	n/a	
4.2	Multimedia Lesson	<i>Conflict Resolution</i>	n/a	
4.2	Multimedia Lesson	<i>Validation</i>	n/a	
4.2	Vocabulary Check	Vocabulary Review	n/a	
4.2	Fieldtrip/Online Links	View Additional Links	n/a	
4.2	Electronic Assignment	Reflection Questions	10	
4.2	Discussion	Listening Skills	5	
4.2	Upload Assignment	You and I Statements	25	
4.2	Quiz	Section 4.2 Quiz	20	
<b>Section 4.3 Goal Setting &amp; Decision Making</b>				
4.3	Multimedia Lesson	<i>Stages of Change</i>	n/a	
4.3	Multimedia Lesson	<i>Decision Making Model</i>	n/a	
4.3	Multimedia Lesson	<i>Goal Setting</i>	n/a	
4.3	Vocabulary Check	Vocabulary Review	n/a	
4.3	Fieldtrip/Online Links	View Additional Links	n/a	
4.3	Electronic Assignment	Reflection Questions	10	
4.3	Discussion	Making Decisions	5	
4.3	Upload Assignment	Goal Setting	25	
4.3	Quiz	Section 4.3 Quiz	20	
Unit 4	Unit Exam	Unit 4 Exam	50	

## Family Living

Unit 5: COPING SKILLS				
Section 5.1 Coping Skills				
5.1	Multimedia Lesson	<i>Creating Balance</i>	n/a	
5.1	Multimedia Lesson	<i>Anger &amp; Emotional Management</i>	n/a	
5.1	Multimedia Lesson	<i>Coping</i>	n/a	
5.1	Vocabulary Check	Vocabulary Review	n/a	
5.1	Fieldtrip/Online Links	View Additional Links	n/a	
5.1	Electronic Assignment	Reflection Questions	10	
5.1	Discussion	Emotions	5	
5.1	Upload Assignment	Coping with Life	25	
5.1	Quiz	Section 5.1 Quiz	20	
Section 5.2 Time & Stress Management				
5.2	Multimedia Lesson	<i>Stress</i>	n/a	
5.2	Multimedia Lesson	<i>Stress Management</i>	n/a	
5.2	Multimedia Lesson	<i>Time Management</i>	n/a	
5.2	Vocabulary Check	Vocabulary Review	n/a	
5.2	Fieldtrip/Online Links	View Additional Links	n/a	
5.2	Electronic Assignment	Reflection Questions	10	
5.2	Discussion	Managing Your Time	5	
5.2	Upload Assignment	Stress Poster	25	
5.2	Quiz	Section 5.2 Quiz	20	
Section 5.3 Mental Health				
5.3	Multimedia Lesson	<i>Mental Health</i>	n/a	
5.3	Multimedia Lesson	<i>Mental Disorders</i>	n/a	
5.3	Multimedia Lesson	<i>Seeking Mental Health Help</i>	n/a	
5.3	Multimedia Lesson	<i>Stages of Grief</i>	n/a	
5.3	Vocabulary Check	Vocabulary Review	n/a	
5.3	Fieldtrip/Online Links	View Additional Links	n/a	
5.3	Electronic Assignment	Reflection Questions	10	
5.3	Discussion	Helping Others Grieve	5	
5.3	Upload Assignment	Mental Disorders	25	
5.3	Quiz	Section 5.3 Quiz	20	
Unit 5	Unit Exam	Unit 5 Exam	50	
Unit 6: HEALTHY FAMILIES				
Section 6.1 Healthy Living				
6.1	Multimedia Lesson	<i>Physical Wellness</i>	n/a	
6.1	Multimedia Lesson	<i>MyPlate</i>	n/a	
6.1	Multimedia Lesson	<i>Prevention &amp; Hygiene</i>	n/a	
6.1	Vocabulary Check	Vocabulary Review	n/a	
6.1	Fieldtrip/Online Links	View Additional Links	n/a	
6.1	Electronic Assignment	Reflection Questions	10	
6.1	Discussion	Maintaining Physical Wellness	5	
6.1	Upload Assignment	Healthy Me	25	
6.1	Quiz	Section 6.1 Quiz	20	

## Family Living

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Section 6.2 Safety				
6.2	Multimedia Lesson	<i>Accidents</i>	n/a	
6.2	Multimedia Lesson	<i>Personal Safety</i>	n/a	
6.2	Multimedia Lesson	<i>Abuse</i>	n/a	
6.2	Vocabulary Check	Vocabulary Review	n/a	
6.2	Fieldtrip/Online Links	View Additional Links	n/a	
6.2	Electronic Assignment	Reflection Questions	10	
6.2	Discussion	Abusive Relationships	5	
6.2	Upload Assignment	Personal Safety	25	
6.2	Quiz	Section 6.2 Quiz	20	
Unit 6	Unit Exam	Unit 6 Exam	50	
EXAM	Final Exam	Comprehensive Exam	100	