



cFitness Academy

by Carone Fitness

Online PE, Health, & Career Courses

SPORTS OFFICIATING

UNIT 1: SPORT CULTURE & OFFICIATING

- **Section 1.1: Sport History & Culture**
- **Section 1.2: Game Strategy & Sportsmanship**
- **Section 1.3: Officiating a Game**

Learning Objectives

- Explain the various venues that sports are played
- Compare the roles of the coach at each sports venue
- Describe how sports culture is perceived in the United States and globally
- Research opportunities to officiate
- Define good sportsmanship and explain its importance
- Apply the principles of teamwork and sportsmanship
- Report a player reprimanded for bad sportsmanship
- Understand the various roles of components in a sports game
- Describe how the various roles interact with each other
- The role of an official in a sporting event
- The characteristics an official must possess
- Research two different opportunities to officiate within your community

UNIT 2: VOLLEYBALL

- **Section 2.1: Volleyball Guidelines & Game Play**
- **Section 2.2: Officiating Volleyball**

Learning Objectives:

- Explain the objective of volleyball
- Describe safety guidelines for volleyball
- Illustrate appropriate volleyball game play
- Analyze calls made by officials during a match
- Explain the various official responsibilities
- Differentiate between each official and their duty
- Explain the hand signals in volleyball
- Demonstrate how to perform volleyball signals



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- Evaluate situations from a volleyball match and determine the call that should be made

UNIT 3: BASKETBALL

- **Section 3.1: Basketball Guidelines & Game Play**
- **Section 3.2: Officiating Basketball**

Learning Objectives:

- Explain the objective of basketball
- Describe safety guidelines for basketball
- Illustrate appropriate basketball game play
- Analyze calls made by officials in a basketball game
- Explain the various official responsibilities
- Differentiate between each official and their duty
- Explain the scoring system in basketball
- Identify fouls and their correlating hand signals
- Demonstrate correct hand-signals

UNIT 4: SOCCER

- **Section 4.1: Soccer Guidelines & Game Play**
- **Section 4.2: Officiating Soccer**

Learning Objectives:

- Explain the objective of soccer
- Describe the necessary equipment and safety precautions involved in playing the game
- Explain the basic rules and game play of a soccer game
- Explain the various penalties used in a soccer game
- Differentiate between the duties of the referee and the line judges
- Explain the responsibilities of each official
- Demonstrate correct hand-signals

UNIT 5: BASEBALL & SOFTBALL

- **Section 5.1: Baseball/Softball Guidelines & Game Play**
- **Section 5.2: Officiating Baseball/Softball**

Learning Objectives:

- Explain the objective of baseball/softball



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- Describe safety guidelines for baseball/softball
- Illustrate appropriate baseball/softball game play
- Understand the various duties of the baseball officials
- Identify the signals made by the umpires during a baseball game
- Know when to use each hand signal during a game
- Recognize the abbreviations used on a baseball scorecard
- Understand how to keep score in baseball

UNIT 6: FOOTBALL

- **Section 6.1: Football Guidelines & Game Play**
- **Section 6.2: Officiating Football**

Learning Objectives:

- Explain where football of today had its origins
- Describe the changes that have occurred to the football game over the years
- Identify the contributions made to the game of football by the Father of Modern American Football
- Tell how many players are on a football team
- Tell how the scoring works and how to play the game
- What equipment is necessary for players
- Discuss why hand signals are important in football
- Explain and demonstrate various football hand signals
- Identify the roles and duties of football officials
- Describe the fouls and penalties associated with football violations

UNIT 7: TENNIS

- **Section 7.1: Tennis Guidelines & Game Play**
- **Section 7.2: Officiating Tennis**

Learning Objectives:

- Recognize player positions and play requirements
- Explain scoring in a tennis match
- Understand how tennis is played
- Explain the hand signals in tennis



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- Differentiate between hand signals and verbal calls
- Know the responsibilities of the chair umpire and the line umpires
- Understand the calls made by each officiator

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