

Imagine Purpose

WA Social Emotional Learning Standards and Benchmarks Alignment

RESTORATIVE PRACTICES

		Imagine Purpose 6-12 Course: RESTORATIVE PRACTICES															
		Unit 1: RESTORATION BASICS				Unit 2: RESTORATIVE PREVENTION				Unit 3: RESTORATIVE INTERVENTION			Unit 4: THE PROCESS OF RESTORATION				
		RESTORATIVE JUSTICE	SELF-PUNISHMENT	MINDFULNESS AND ACCOUNTABILITY	RESTORATIVE CIRCLES	MY ENVIRONMENT	MENTAL AND EMOTIONAL REGULATION	WHO I AM AND WHAT I'VE DONE	FOSTER CARE AND HOME LIFE	VIOLENCE	TRUANCY	HATE SPEECH & GRAFFITI	DRUG ABUSE & REHABILITATION	OVERCOMING THE PAST	UNDERSTANDING CULTURE & DIVERSITY	HEALTHY LIFESTYLES	MOVING FORWARD
WA SEL Standards and Benchmarks ¹	SELF-AWARENESS ²	Demonstrates awareness and understanding of one's own emotions and emotions' influence on behavior.	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	
		Demonstrates awareness of personal and collective identity encompassing strengths, areas for growth, aspirations, and cultural and linguistic assets.	✓	✓	✓		✓	✓	✓	✓		✓		✓	✓	✓	✓
		Demonstrates self-awareness and understanding of external influences, e.g., culture, family, school, and community resources and supports.	✓					✓								✓	✓
	SELF-MANAGEMENT ³	Demonstrates the skills to manage one's emotions, thoughts, impulses, and stress in constructive ways.	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓
		Demonstrates responsible decision-making and problem-solving skills.	✓	✓	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓
	SELF-EFFICACY ⁴	Demonstrates the skills to set, monitor, adapt, persevere, achieve, and evaluate goals.								✓		✓		✓	✓	✓	✓
		Demonstrates problem-solving skills to engage responsibly in a variety of situations.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
		Demonstrate awareness and ability to speak on behalf of personal rights and advocacy.			✓	✓	✓		✓	✓		✓		✓	✓	✓	✓
	SOCIAL AWARENESS ⁵	Demonstrates awareness of other people's emotions, perspectives, cultures, languages, histories, identities, and abilities.	✓	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓		✓
		Demonstrates an awareness and respect for similarities and differences among community, cultural and social groups.							✓			✓			✓		
		Demonstrates an understanding of the variation within and across cultures.	✓				✓		✓			✓			✓		
	SOCIAL MANAGEMENT ⁶	Demonstrates a range of communication and social skills to interact effectively with others.			✓	✓	✓	✓		✓		✓			✓		
Demonstrates the ability to identify and take steps to resolve interpersonal conflicts in constructive ways.		✓	✓	✓	✓	✓	✓		✓		✓						
Demonstrates the ability to engage in respectful and healthy relationships with individuals of diverse perspectives, cultures, language, history, identity, and ability.		✓		✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	
SOCIAL ENGAGEMENT ⁷	Demonstrates a sense of school and community responsibility.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Demonstrates the ability to work with others to set, monitor, adapt, achieve, and evaluate goals.	✓	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	✓	✓	
	Contributes productively to one's school, workplace, and community.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

- <https://ospi.k12.wa.us/sites/default/files/2023-08/selstandardsandbenchmarksonepager.pdf>
- "Individual can identify their emotions, personal assets, areas for growth, and potential external resources and supports."
- "Individual can regulate emotions, thoughts, and behaviors."
- "Individual can motivate themselves, persevere, and see themselves as capable."
- "Individual can take the perspective of and empathize with others from diverse backgrounds and cultures."
- "Individual can make safe and constructive choices about personal behavior and social interactions."
- "Individual can consider others and show a desire to contribute to the well-being of school and community."