

Imagine Purpose

WA Social Emotional Learning Standards and Benchmarks Alignment

CLIMATE & CULTURE

		Imagine Purpose 6-12 Course: CLIMATE & CULTURE																
		Unit 1: HEALTH & SAFETY				Unit 2: RELATIONSHIP SUPPORT				Unit 3: SOCIAL AWARENESS				Unit 4: EQUITY, ANTI-RACISM & DIVERSITY				
		PEER CONFLICT	SOCIAL MEDIA SAFETY	DATING AND RELATIONSHIPS	STRESSFUL LIFE EVENTS	TALKING TO OUR PARENTS	TALKING TO ADULTS	COMPASSION & EMPATHY	FINDING A MENTOR	UNDERSTANDING SOCIAL DIFFERENCES	REFUSAL SKILLS & STRATEGIES	GIVING SIMPLE RESPECTS	PURPOSEFUL COMMUNICATION TECHNIQUES	LGBTQ	EQUITY	ANTI-RACISM	DIVERSITY	
WA SEL Standards and Benchmarks ¹	SELF-AWARENESS ²	Demonstrates awareness and understanding of one's own emotions and emotions' influence on behavior.			✓	✓	✓	✓		✓	✓	✓			✓			✓
		Demonstrates awareness of personal and collective identity encompassing strengths, areas for growth, aspirations, and cultural and linguistic assets.				✓		✓		✓	✓	✓			✓	✓	✓	✓
		Demonstrates self-awareness and understanding of external influences, e.g., culture, family, school, and community resources and supports.							✓		✓							
	SELF-MANAGEMENT ³	Demonstrates the skills to manage one's emotions, thoughts, impulses, and stress in constructive ways.	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
		Demonstrates responsible decision-making and problem-solving skills.	✓			✓		✓		✓	✓		✓	✓	✓	✓	✓	✓
	SELF-EFFICACY ⁴	Demonstrates the skills to set, monitor, adapt, persevere, achieve, and evaluate goals.				✓		✓		✓	✓	✓			✓	✓	✓	✓
		Demonstrates problem-solving skills to engage responsibly in a variety of situations.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
		Demonstrate awareness and ability to speak on behalf of personal rights and advocacy.			✓		✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓
	SOCIAL AWARENESS ⁵	Demonstrates awareness of other people's emotions, perspectives, cultures, languages, histories, identities, and abilities.	✓	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓
		Demonstrates an awareness and respect for similarities and differences among community, cultural and social groups.						✓	✓		✓		✓		✓	✓	✓	✓
		Demonstrates an understanding of the variation within and across cultures.						✓	✓		✓		✓		✓	✓	✓	✓
	SOCIAL MANAGEMENT ⁶	Demonstrates a range of communication and social skills to interact effectively with others.	✓		✓		✓	✓	✓	✓			✓	✓	✓			✓
Demonstrates the ability to identify and take steps to resolve interpersonal conflicts in constructive ways.		✓			✓	✓	✓	✓	✓	✓		✓		✓			✓	
Demonstrates the ability to engage in respectful and healthy relationships with individuals of diverse perspectives, cultures, language, history, identity, and ability.		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	
SOCIAL ENGAGEMENT ⁷	Demonstrates a sense of school and community responsibility.		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Demonstrates the ability to work with others to set, monitor, adapt, achieve, and evaluate goals.	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	Contributes productively to one's school, workplace, and community.		✓	✓	✓			✓		✓	✓	✓	✓	✓	✓	✓	✓	

- <https://ospi.k12.wa.us/sites/default/files/2023-08/selstandardsandbenchmarksonepager.pdf>
- "Individual can identify their emotions, personal assets, areas for growth, and potential external resources and supports."
- "Individual can regulate emotions, thoughts, and behaviors."
- "Individual can motivate themselves, persevere, and see themselves as capable."
- "Individual can take the perspective of and empathize with others from diverse backgrounds and cultures."
- "Individual can make safe and constructive choices about personal behavior and social interactions."
- "Individual can consider others and show a desire to contribute to the well-being of school and community."