

Standard ID	Standard Text	Edgenuity Lesson Name
WA.H.HS.	Health Education	
H.W.	Wellness (W)	
H.W2.	Disease Prevention	
H2.W2.HSa.	Analyze prevention, lifestyle factors, and treatment of communicable and non-communicable diseases.	Communicable Diseases Non-communicable Diseases
H2.W2.HSb.	Assess personal risk factors and predict future health status.	Communicable Diseases Non-communicable Diseases Preventative Medical and Dental Care Personal Hygiene and Health
H.W4.	Access Valid Information	
H3.W4.HS.	Create a resource that outlines where and how students can access valid and reliable health information, products, and services.	Making Informed Healthcare Decisions
H.W5.	Communication	
H4.W5.HS.	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others.	Conflict Resolution and Decision-Making Skills
H.Sa.	Safety (Sa)	
H.Sa1.	Injury Prevention	
H5.Sa1.HS.	Analyze impact of decisions related to bicycle, pedestrian, traffic, water, and recreation safety.	Environmental Health and Safety Health Care in the Community Safety and Injury Prevention Safe Driving Habits Disaster Preparedness
H1.Sa1.HS.	Describe how to prevent occupational injuries.	Safety and Injury Prevention

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H2.Sa1.HS.	Compare how family, peers, culture, media, technology, and other factors influence safety and injury prevention practices and behaviors.	Safety and Injury Prevention Safe Driving Habits Disaster Preparedness
H.Sa2. First Aid		
H7.Sa2.HSa.	Apply basic first aid skills.	First Aid
H7.Sa2.HSb.	Demonstrate CPR and AED procedures.	First Aid Lifesaving Procedures
H.Sa3. Violence Prevention		
H2.Sa3.HS.	Evaluate societal influences on violence.	Health Care in the Community Disaster Preparedness Gang Violence
H7.Sa3.HS.	Demonstrate effective peer resistance, negotiation, and collaboration skills to avoid potentially violent situations.	Disaster Preparedness Conflict Resolution and Decision-Making Skills Gang Violence
H8.Sa3.HS.	Advocate for violence prevention.	Gang Violence
H1.Sa3.HS.	Analyze potential dangers of sharing personal information through electronic media.	Understanding Relationships with Peers
H.N6. Nutritional Planning		
H7.N6.HS.	Design, monitor, and adjust a personal nutrition plan, considering cost, availability, access, nutritional value, balance, freshness, and culture.	Conception, Pregnancy, and Birth
H.Se. Health Education Core Idea: Sexual Health (Se)		
H.Se1. Anatomy, Reproduction, and Pregnancy		
H1.Se1.HSa.	Summarize fertilization, fetal development, and childbirth.	Conception, Pregnancy, and Birth
H5.Se1.HS.	Explain the role hormones play in sexual behavior and decision-making.	Adolescent Development

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H1.Se1.HSb.	Describe emotional, social, physical, and financial effects of being a teen or young adult parent.	Adolescent Development
H1.Se1.HSc.	Describe behaviors that impact reproductive health.	Safer Sex and Contraceptives
H7.Se1.HS.	Describe steps of testicular self-exam and the importance of breast self-awareness.	Non-communicable Diseases
H.Se2.	Puberty and Development	
H1.Se2.HSa.	Explain the physical, social, mental, and emotional changes associated with being a young adult.	Adolescent Development
H1.Se2.HSb.	Describe how sexuality and sexual expression change throughout the life span.	Adolescent Development
H.Se3.	Self-Identity	
H2.Se3.HS.	Evaluate how culture, media, society, and other people influence our perceptions of gender roles, sexuality, relationships, and sexual orientation.	Respecting Individual Differences
H.Se4.	Prevention	
H1.Se4.HSa.	Evaluate the effectiveness of abstinence, condoms, and other contraceptives in preventing pregnancy and STDs/HIV.	Safer Sex and Contraceptives Understanding HIV, AIDS, and STIs
H7.Se4.HS.	Demonstrate steps to using a condom correctly.	Understanding HIV, AIDS, and STIs
H3.Se4.HS.	Identify local youth-friendly sexual health services.	Safer Sex and Contraceptives Understanding HIV, AIDS, and STIs
H1.Se4.HSb.	Understand that people can choose abstinence at different times in their lives.	Safer Sex and Contraceptives
H8.Se4.HS.	Advocate for STD testing and treatment for sexually active youth.	Safer Sex and Contraceptives Understanding HIV, AIDS, and STIs
H5.Se4.HS.	Use a decision-making model to make a sexual health-related decision.	Safer Sex and Contraceptives

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H.Se5.	Healthy Relationships	
H1.Se5.HSa.	Differentiate between affection, love, commitment, and sexual attraction.	Healthy Relationships: Dating and Marriage
H1.Se5.HSb.	Compare and contrast characteristics of healthy and unhealthy romantic and sexual relationships.	Healthy Relationships: Dating and Marriage
H4.Se5.HS.	Demonstrate effective ways to communicate with a partner about healthy sexual decisions and consent.	Safer Sex and Contraceptives
H2.Se5.HS.	Analyze factors that can affect the ability to give or recognize consent to sexual activity.	Safer Sex and Contraceptives
H3.Se5.HS.	Identify ways to access accurate information and resources for survivors of sexual offenses.	Sexual Harassment and Sexual Assault
H.Se6.	Washington State Laws	
H3.Se6.HS.	Describe laws related to accessing sexual health care services.	Conception, Pregnancy, and Birth
H7.Se6.HS.	Understand importance of personal and social responsibility for sexual decisions.	Adolescent Development Safer Sex and Contraceptives Conception, Pregnancy, and Birth
H1.Se6.HSa.	Examine laws and consequences related to sexual offenses, including when a minor is involved.	Sexual Harassment and Sexual Assault
H1.Se6.HSb.	Identify laws and concerns related to sending or posting sexually explicit pictures or messages.	Sexual Harassment and Sexual Assault

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H.So.	Health Education Core Idea: Social Emotional Health (So)	
H.So4.	Expressing Emotions	
H8.So4.HS.	Advocate for ways to manage or resolve interpersonal conflict.	Skills for Healthy Relationships Healthy Family Relationships Understanding Relationships with Peers Healthy Relationships: Dating and Marriage Parenting
H1.So4.HS.	Summarize strategies for coping with difficult emotions, including defense mechanisms.	Skills for Healthy Relationships Healthy Family Relationships Understanding Relationships with Peers Healthy Relationships: Dating and Marriage Parenting
H4.So4.HS.	Demonstrate effective communication skills to express emotions.	Skills for Healthy Relationships Healthy Family Relationships Understanding Relationships with Peers Healthy Relationships: Dating and Marriage Parenting
H.So5.	Harassment, Intimidation, and Bullying	
H1.So5.HS.	Analyze strategies to prevent and respond to different types of harassment, intimidation, and bullying.	Respecting Individual Differences
H2.So5.HS.	Compare and contrast the influence of family, peers, culture, media, technology, and other factors on harassment, intimidation, and bullying.	Respecting Individual Differences